



NHS

Great Ormond Street
Hospital for Children
NHS Foundation Trust

Having dental treatment under sedation (Easy Read)



You are coming to GOSH for dental treatment to check and fix your teeth. Some children have treatment with sedation (said: sed-ay-shun). This makes you feel relaxed but not asleep.



You do not have to stop eating before having sedation. We want you to have a light meal an hour or two before. Do not have a large or greasy meal as this could make you feel sick.



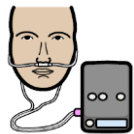
When you get to the dental department, we will check that you do not have a cold or a blocked nose. You will not be able to have sedation if you do.



We will ask you and your parents to fill in some forms.



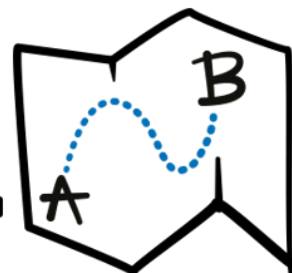
We will take you to the dentist chair. We will make sure you feel comfortable.



You will breathe in the sedation medicine through a tube under your nose. You will start to feel relaxed within a few minutes.



The dentist will check your teeth and gums to make sure you are healthy. They will do any treatment you need at the same time.





When they have finished, they will take away the tube under your nose. You will start to feel less sleepy within a few minutes.



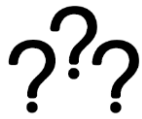
You might still feel a bit sleepy for the rest of the day. This is normal.



You must not do any sport for the rest of the day.



If your mouth is sore, you can take pain medicines.



Please ask us if you have any questions.

