



NHS

Great Ormond Street
Hospital for Children
NHS Foundation Trust

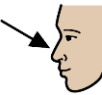
Having a nasal nitric oxide test (Easy Read)



If you have a cough that lasts a long time the doctor may ask you to do this test.



We will ask you to blow your nose before the test starts.



You will have a little plug put in your nose to measure the air that comes out when you blow



You will be asked to take a deep breath in from the machine, and then blow out



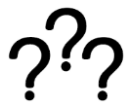
You have to try and make sure that the smiley face stays green for the whole 10 seconds.



You will do this a couple of times with both nostrils. Don't worry, you can rest in between each one.



You might meet the doctor that day to hear the results of the test or you will discuss the results of the test at your next appointment.



Please ask us if you have any questions.

