

## Diagram of a keyhole tongue reduction procedure

The aim of the surgery is to reduce the length and width of the tongue so it sits comfortably within the mouth.

The nerves of the tongue are left intact.

The ability to taste food is not affected.

Three layers of stitches are placed in the muscle and mucosa of the tongue.

The stitches are dissolvable and usually fall out 1 to 3 weeks after surgery.

It will take several weeks for the swelling of the tongue to disappear after surgery.

Once the tongue has healed, there is minimal scarring or no scarring on the surface of the tongue.

