



NHS

Great Ormond Street
Hospital for Children
NHS Foundation Trust

Having joint injections in IR (Easy Read)



You have lots of joints in your body. They help you move in different ways.



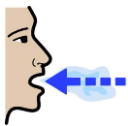
Sometimes, your joints can get swollen and sore. This can make moving hurt.



Having injections of medicine into your joints can help. It can make the swelling go down and make them less sore.



You can have an anaesthetic (said: ann-ess-thet-ick) for the joint injections. You will not be able to feel anything or know what is happening.



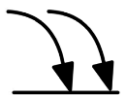
Older children may have some gas and air to breathe instead. This makes them relaxed but not asleep.



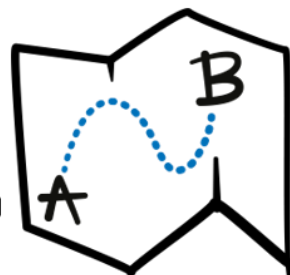
The doctor will take some x-ray pictures so they can see the joint clearly.



They will add some liquid that shows up well on x-rays and then inject the medicine into the joint.

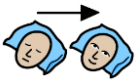


They will do this for each joint that is sore.





They will put a small plaster where you had the injection too.



At the end of the procedure, you will start to wake up from the anaesthetic or gas and air.



The nurses will check you regularly to make sure you are getting better. You can then go home.



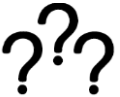
You should rest for a day afterwards. You will probably still a bit sleepy.



After this, you should carry on doing your physio as they showed you.



You will come back to the hospital a few weeks later for a check-up appointment.



Please ask us if you have any questions.

