



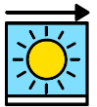
NHS

Great Ormond Street
Hospital for Children
NHS Foundation Trust

After you have had a tooth out (Easy Read)



You have been to the dentist and had a tooth taken out.



The next day you can rinse your mouth after meals.



Add some salt to warm water and stir it well. Take a mouthful and hold it in your mouth for a few seconds. Then spit it out.



Do not swallow the salty water. This could make you feel sick.



You can also start brushing your teeth again after the salty water.



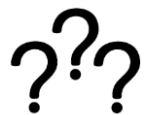
If your mouth bleeds, bite down on a clean piece of cloth until it stops.



Do not poke your gum or touch it with your tongue. This could make it bleed.



If you have been given medicine to take afterwards, always take it as the label says. You might need some pain medicine as well but just for a few days.



Please ask us if you have any questions.

