


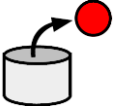
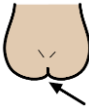


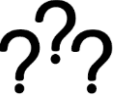




NHS

Great Ormond Street
Hospital for Children
NHS Foundation Trust

How to use a suppository (Easy Read)

	Sit on the toilet to see if you need a poo
	Wash your hands
	Hold the suppository in your hands for a few minutes to warm it
	Take the suppository out of the wrapper
	Put the suppository into your bottom so it doesn't fall out
	Keep your legs closed and your bottom squeezed for a few minutes
	Wash your hands again
	If you have any questions, ask your pharmacist

